## **Corona Pandemic: Entry and quarantine regulations**

Currently, the entry and quarantine regulations change very often. To make your journey to Emden or Leer easier, we provide the following information. It is important that you always follow the latest information yourself before you go abroad.

The following information was updated on 28th May 2021.

#### When do I have to be in quarantine?

When entering the Federal Republic of Germany the applicable regulations of the "Corona Entry Regulations" are decisive:

https://www.bundesgesundheitsministerium.de/service/gesetze-und-verordnungen/guv-19-lp/coronaeinreisev.html

- → Current Corona Regulation
- → Entry and Quarantine Regulations

The day of your entry is decisive for the assessment of the situation.

#### Risk areas

You can find out which countries belong to the risk areas, e.g. on the webpage of the Robert Koch Institut:

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges Coronavirus/Risikogebiete neu.html/

Please note: The Federal Government is continuously examining the extent on which areas are classified as risk areas. This list can change every day. Before starting your journey, please check whether you have stayed in one of these areas within the last 10 days before entering Germany.

#### It is differentiated between:

- 1) Virus variant areas
- 2) High incidence areas
- 3) Normal risk areas

#### Transport ban for travelers from virus variant areas

Currently it is generally not allowed to transport people from virus variant areas to Germany. Entry into Germany is therefore not possible if you come from a virus variant area.

Exception: for people who have their place of residence and a residence permit for Germany. (Note: You have to be in quarantine for 14 days after entry.)

#### Compulsory test before entry

When entering from a high incidence area or entering by plane, a test is always required before entry.

PoC test: acceptance of the test max. 48 hours before entry from a normal risk area/high risk area or 24 hours before entry from a virus variant area

PCR test: swab no more than 72 hours before entry.

#### **Registration requirement**

If you are entering Germany from a risk area, you must register digitally via the internet portal before departure: www.einreiseanmeldung.de

Please also enter your country of origin in German in the English version (e.g. Indien, Russische Föderation,...)

Please bring your proof that you have registered your entry via the Internet portal with you when travelling.

With the entry registration, the health department responsible for your destination receives the necessary information.

#### When do I have to be in quarantine?

The basis for defining a quarantine is the current infection rate in the country from which you are starting your trip, i.e. the previous location that you have started your travel, i.e. the prior whereabouts any time within 10 days before your travel to Germany. Your nationality does not matter.

If you come from a risk area, you must be quarantined (see below).

#### What do I have to do if I am required to be guarantined?

The quarantine usually lasts **10 days**. When entering from a virus variant area the quarantine is 14 days. You are also not allowed to leave the flat to go for a walk. You are also not allowed to receive visitors. For any questions, please contact the health department.

If symptoms of illness appear that indicate illness with the SARS-CoV-2 corona virus, you must inform the health department (buergertelefon@emden.de) immediately.

The International Office will be happy to help you with food supplies if necessary. We will also be happy to assist you in contacting the health department.

Please note that you are not allowed to change your accommodation during your quarantine.

## Can I shorten the quarantine period of 10 days after entering from a normal risk/high incidence area?

If you come from a normal risk area or from a high-incidence area, the quarantine ends prematurely as soon as you have provided the health authorities with proof of recovery or a proof of vaccination.

Vaccination protection can be proven if at least 14 days have passed since the last required individual vaccination.

If you are entering Germany from a normal risk area with a valid and proofed test, you do not need to go in quarantine.

It is also possible to shorten the quarantine by submitting a negative corona test. If you come from an area of high incidence, you can do this after a minimum quarantine of 5 days at the earliest by showing a second, current negative corona test. These tests can be made at the known test centers:

In Emden: <a href="https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests">https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests</a>

In Leer: https://leer.de/Ppolitik-Verwaltung/Verwaltung/Aktuelle-Mitteilungen/Coronavirus/

For this test, you may leave your quarantine. The negative result must be shown to the health department immediately.

**Important:** Please note that you must **remain in quarantine** the entire time until you will get information about the test result.

# What do I have to do if I have roommates or want to move into the student dormitory?

In the apartment, those affected should stay as far away from the other roommates as possible and pay special attention to the hygiene regulations (even if they have no symptoms!)

The quarantine only applies to students who have a quarantine requirement. Roommates in a shared apartment are exempt from this. However, if symptoms of the disease occur, the roommates must also expect to be quarantined. During the quarantine period, the person concerned may not receive any visitors.

Please inform your roommate or landlord well in advance before your arrival.

## Will I get help in organizing the quarantine?

Ultimately, you are responsible for organizing the quarantine yourself. We will try our best to help you with this, even if you need temporary accommodation. It is important that you let us know in advance of your arrival if you need help with the quarantine:

Please report to the International Office of the Emden/Leer; University of Applied Sciences at the email address <a href="international.office@hs-emden-leer.de">international.office@hs-emden-leer.de</a> stating your name, country of origin, travel date (when does the journey begin, when exactly and where is the arrival planned in Germany), means of transport and airport, course of study and your mobile phone number for contacting us. Please also inform us which accommodation you have rented and whether the landlords agree to the direct move-in or not.

Moving into your accommodation in case you have to stay quarantined (either in the student dormitory or in a quarantine accommodation organized by the International Office), is only possible if you can show a negative PCR test.

## **Further important travel notes**

Please note the general obligation in Germany to wear medical mouth and nose coverings at railway stations and on trains and public transport (e.g. bus) as well as in stores and at the University of Applied Sciences Emden/Leer.

Please keep a distance of at least 1.50 m.

If you have a quarantine order, please go directly to your accommodation and do not go shopping or meet other people first.

We would like to draw your attention to the fact that the health department monitors compliance with your quarantine obligations; if you do not comply with these regulations, this can result in a high administrative fine. The university assumes no responsibility or liability in this regard

Please note that you will have to pay for all costs incurred, such as corona tests (between 150 euros to 235 euros) as well as the costs of quarantine and food during this time.

If you do not show any symptoms after your quarantine of 10/14 days you may leave the quarantine without making another test.

After you have been released from quarantine and registered at the Citizens' Office (your buddy will help you), you can be tested weekly in one of the test stations:

in Emden: <a href="https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests">https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests</a>

in Leer: https://leer.de/Ppolitik-Verwaltung/Verwaltung/Aktuelle-Mitteilungen/Coronavirus/

- new Corona test center

You are asked to register online in advance at one of the test centers. Bring your passport and registration certificate (citizens' office) with you to the test date.

All statements without guarantee.