Corona Pandemic: Entry and quarantine regulations

Currently, the entry and quarantine regulations change very often. To make your journey to Emden or Leer easier, we provide the following information. It is important that you always follow the latest information yourself before you go abroad.

The following information was updated on 10th January 2022.

Current regulation

When entering the Federal Republic of Germany the applicable regulations of the "Corona Entry Regulations" are decisive:

https://www.bundesgesundheitsministerium.de/service/gesetze-und-verordnungen/guv-19-lp/coronaeinreisev.html

The day of your entry is decisive for the assessment of the situation.

Risk areas

You can find out which countries belong to the risk areas, e.g. on the webpage of the Robert-Koch-Institut:

https://www.rki.de/DE/Content/InfAZ/N/Neuartiges Coronavirus/Risikogebiete neu.html/

Please note: The Federal Government is continuously examining the extent on which areas are classified as risk areas. This list can change every day. Before starting your journey, please check whether you have stayed in one of these areas within the last **10 days before entering** Germany.

It is differentiated between:

- 1) Virus variant areas
- 2) High risk areas

Entry from virus variant areas

For people who are in so-called virus variant areas (https://www.rki.de/covid-19-risikogebiete) with a particularly high spread of mutations of the virus, transport to Germany and entry in accordance with CoronaEinreiseV are currently fundamentally prohibited. This also applies to those who are fully vaccinated. Exceptions are only possible in very few cases, for example for people with residence and right of residence in Germany. However, there are exceptions in the higher education sector for the following groups:

- Researchers or scientists who have signed a hosting agreement or a contract to carry out a research project with a research institution or university.
- Foreign students and doctoral candidates who have a (conditional or unconditional) notification of admission from the educational institution, even if, for example, a language course, internship or preparatory college is upstream.
- → However, they have to be in **quarantine for 14 days**.

https://www.bundesgesundheitsministerium.de/fileadmin/Dateien/3 Downloads/C/Coronavirus/Verordnungen/210729 Coronavirus-Einreiseverordnung mit Begruendung.pdf

- → An early termination of the quarantine is exceptionally possible if your country of entry will be downgraded to a high risk area during the 14 days of quarantine. In this case, quarantine can be terminated after a negative Covid-test submitted to the local health department.
- ⇒ Please inform yourself regularly about the risk classification of your country

Compulsory presentation of proof before entry

All persons entering Germany must prove that they are not infected with the corona virus Sars-CoV-2 upon their entry. When entering from a high risk area or other areas, this proof must be either a proof of vaccination, a negative PoC/PCR test or a proof of recovery. When entering from a virus variant area, a negative PoC/PCR test must be presented. A proof of vaccination or proof of recovery is **not** sufficient in this case.

Persons entering Germany by airplane, must present the respective proof to their carrier already before departure. The documents of proof must be presented in either German, English, French, Italian, or Spanish language (digitally or paper)

PoC-Test: must be conducted

- max. 24 hours before entry from a virus variant area
- max. 48 hours before entry from other areas

PCR-Test: swab no more than 72 hours before entry

Registration requirement

If you are entering Germany from a risk area, you must register digitally via the internet portal before departure: www.einreiseanmeldung.de

Please also enter your country of origin in German in the English version (e.g. Indien, Russische Föderation,...)

Please bring your proof that you have registered your entry via the Internet portal with you when travelling.

With the entry registration, the health department responsible for your destination receives the necessary information.

When do I have to be in quarantine?

The basis for defining a quarantine is the current infection rate in the country from which you are starting your trip, i.e. the previous location that you have started your travel, i.e. the prior whereabouts any time within 10 days before your travel to Germany. Your nationality does not matter.

If you come from a **risk area**, you **must be quarantined** (see below).

What do I have to do if I am required to be quarantined?

The quarantine usually lasts **10 days**. When entering from a virus variant area the quarantine is 14 days. You are also not allowed to leave the flat to go for a walk. You are also not allowed to receive visitors. For any questions, please contact the health department.

If symptoms of illness appear that indicate illness with the SARS-CoV-2 corona virus, you must inform the health department (<u>buergertelefon@emden.de</u>) immediately.

The International Office will be happy to help you with food supplies if necessary. We will also be happy to assist you in contacting the health department.

Please note that you are not allowed to change your accommodation during your quarantine.

Can I shorten the quarantine period of 10 days after entering from a high risk area?

If you come from a high risk area, the quarantine ends prematurely as soon as you have provided the health authorities with proof of recovery or a proof of vaccination.

Vaccination protection can be proven if at least 14 days have passed since the last required individual vaccination approved by the EU.

A person is considered to have recovered if the positive test evidence is older than 28 days and less than six months have passed since then.

It is also possible to shorten the quarantine by submitting a negative corona test. If you come from a high risk area, you can do this after a minimum quarantine of 5 days at the earliest by showing a second, current negative corona test. These tests can be made at the known test centers:

In Emden: https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests

In Leer: https://www.landkreis-leer.de/Leben-Lernen/Gesundheit-Verbraucher/Coronavirus → "Schnelltestungen in Testzentren"

For this test, you may leave your quarantine. The negative result must be shown to the health department immediately.

Important: Please note that you must **remain in quarantine** the entire time until you will get information about the test result.

The domestic quarantine automatically ends if you entered Germany from a risk area and the respective area is no longer listed among the risk areas on www.rki.de/risikogebiete (so-called "Entlistung").

What do I have to do if I have roommates or want to move into the student dormitory?

In the apartment, those affected should stay as far away from the other roommates as possible and pay special attention to the hygiene regulations (even if they have no symptoms!)

The quarantine only applies to students who have a quarantine requirement. Roommates in a shared apartment are exempt from this. However, if symptoms of the disease occur, the roommates must also expect to be quarantined. During the quarantine period, the person concerned may not receive any visitors.

Please inform your roommate or landlord well in advance before your arrival.

Will I get help in organizing the quarantine?

Ultimately, you are responsible for organizing the quarantine yourself. We will try our best to help you with this, even if you need temporary accommodation. It is important that you let us know in advance of your arrival if you need help with the quarantine:

Please report to the International Office of the Emden/Leer; University of Applied Sciences at the email address international.office@hs-emden-leer.de stating your name, country of origin, travel date (when does the journey begin, when exactly and where is the arrival planned in Germany), means of transport and airport, course of study and your mobile phone number for contacting us. Please also inform us which accommodation you have rented and whether the landlords agree to the direct move-in or not.

Moving into your accommodation in case you have to stay quarantined (either in the student dormitory or in a quarantine accommodation organized by the International Office), is only possible if you can show a negative PCR test.

Further important travel notes

Please note the general obligation in Germany to wear medical mouth and nose coverings at railway stations and on trains and public transport (e.g. bus) as well as in stores and at the University of Applied Sciences Emden/Leer. In addition to the obligation to wear medical mouth and nose coverings, you will need to proof that you are vaccinated, recovered or tested negative within the past 24 hours (no self – test).

Please keep a distance of at least 1.50 m.

If you have a quarantine order, please go directly to your accommodation and do not go shopping or meet other people first.

We would like to draw your attention to the fact that the health department monitors compliance with your quarantine obligations; if you do not comply with these regulations, this can result in a high administrative fine. The university assumes no responsibility or liability in this regard.

Please note that you will have to pay for all costs incurred, such as corona tests as well as the costs of quarantine and food during this time.

If you do not show any symptoms after your quarantine of 10/14 days you may leave the quarantine without making another test.

In urgent Corona – related emergencies, you can call the port health service under +49 4921 87 1789 or +49 171 7528084 (available 24 hours).

Testing in test stations

After you have been released from quarantine, you can be tested in one of the test stations:

in Emden: https://www.emden.de/rathaus/verwaltung/fb-500-gesundheit-und-soziales/fd-553-gesundheit/schnelltests

in Leer: https://www.landkreis-leer.de/Leben-Lernen/Gesundheit-Verbraucher/Coronavirus

→ "Schnelltestungen in Testzentren"

You are asked to register online in advance at one of the test centers. Bring your passport and registration certificate (citizens' office) or *student card* with you to the test date.

All statements without guarantee.