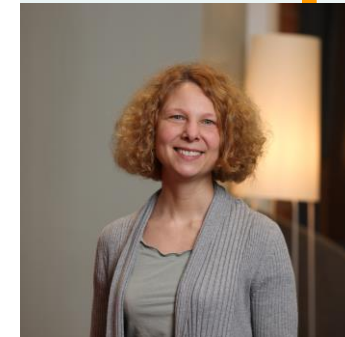


Sustainability during a semester/internship abroad

Information from the International Office



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How do I get to my destination? Resource-efficient travel

- [Trans-European connections of the DB \(Europe saver fare\)](#)
- [Interrail Ticket](#)
- Research platforms: [Omio](#), [Trainline](#), [Rail Planner](#)
- Local railway companies
- [Night trains](#)
- Bus trips : [Eurolines](#), [Flixbus](#)
- Ride sharing: [BlaBlaCar](#)

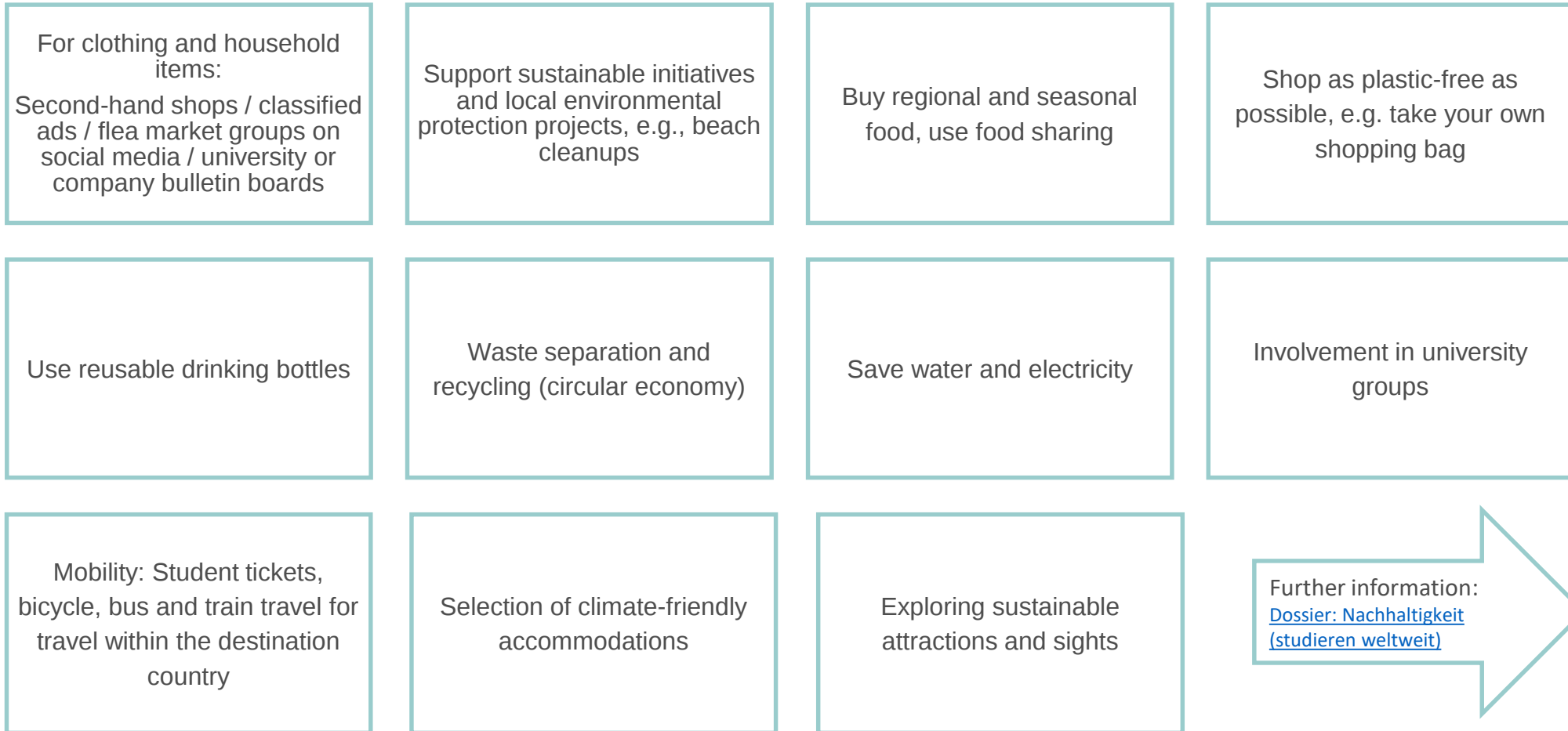


Helpful links on the topic

- Comparison of energy consumption and greenhouse gas emissions of different modes of transport: <https://www.ecopassenger.org/>
- Information on CO2 compensation:
<https://www.umweltbundesamt.de/umwelttipps-fuer-den-alltag/uebergreifende-tipps/kompensation-von-treibhausgasemissionen#gewusst-wie>
- Find the best connection based on travel time, price and emissions:
<https://www.routerank.com/en/>
- The Federal Environment Agency's CO₂ calculator: <https://uba.co2-rechner.de>
- Information on climate-efficient airlines:
https://www.atmosfair.de/en/air_travel_and_climate/atmosfair_airline_index/



During the semester abroad/internship abroad



After the semester abroad/internship abroad

Sustainable testimonials

- [Experience reports on studying abroad I study worldwide \(studieren-weltweit.de\)](https://studieren-weltweit.de/)
- [Traveling sustainably with Erasmus+ - Erasmus+ green: practical examples](#)

