

## Entry and quarantine regulations

Currently, the entry and quarantine regulations change very often. To make your journey to Emden or Leer easier, we provide the following information. It is important that you always follow the latest information yourself before you go abroad.

The following information was updated on **November 9th, 2020**.

### When do I have to be in quarantine?

According to the current status, all state regulations of the Lower Saxony Corona Ordinance apply when entering Lower Saxony (or the Federal Republic of Germany):

<https://www.niedersachsen.de/Coronavirus/ordnung-der-landesregierung-185856.html>

- Lower Saxony Corona Ordinance
- Lower Saxony Quarantine Regulation

The **day of entry** is decisive for the assessment of the situation.

Basis for determining a quarantine is the current infection rate in the country from which you are travelling, i.e. your previous location. Your nationality does not matter. If you come from a risk area, you have to be in quarantine (see hereunder).

You can find out which countries belong to the risk areas, e.g. on the webpage of the Robert Koch Institute:

[http://www.rki.de/Dps://wE/Content/InfAZ/N/Neuartiges\\_Coronavirus/Risikogebiete\\_neu.html](http://www.rki.de/Dps://wE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html)

Please note: The Federal Government is continuously examining the extent which areas classified as risk areas. This list can change every day. Before starting your journey, please check whether you have stayed in one of these areas within the last 10 days before entering Germany. In these cases you have to expect a quarantine obligation.

### What do I do if I am quarantined?

Before you enter Germany from a risk area, you must **register electronically** via the internet portal [www.einreiseanmeldung.de](http://www.einreiseanmeldung.de)

Please also enter your country of origin in German language in the English version (e.g. India = Indien, Russian Federation = Russische Föderation...). With the entry registration, the responsible health department/local authorities receive the necessary information.

Even if symptoms of illness appear that indicate illness with the SARS-CoV-2 corona virus, you must inform the health department here ([buergertelefon@emden.de](mailto:buergertelefon@emden.de)) immediately. The quarantine usually lasts **10 days**.

It is not allowed to leave the apartment, not even for a walk either. You are also not allowed to receive visitors. The health inspectorate will discuss everything else with you directly. The International Office will be happy to help you with the supply of food. We are also happy to support you in contacting the health department.

### Can I shorten the quarantine period by 10 days?

This is only possible after a minimum quarantine of 5 days and a subsequent PCR test. You can try a fee-based PCR test at the Emden Health Department. However, this is only possible if appropriate test capacities are available.

Please do the following if you want to take this test:

- Send no later than the day after your arrival in Emden to [imke.pantekoek@emden.de](mailto:imke.pantekoek@emden.de) or [lekon@emden.de](mailto:lekon@emden.de) an email in order to ask for an appointment within the

following days for a test.

- This email has to contain your name, date of birth and place of birth.
- Take your passport/ID card with you on the date mentioned. Go straight to the health department (Ysaak-Brons-Str. 16) and bring a mouth and nose cover with you. Report to the main entrance (doorbell). Wait in front of the building.
- Please pay 150 euros in cash.
- The smear is taken in the test vehicle in front of the building.
- Please go straight back to your accommodation and wait for the result (sent by e-mail). In the event of a negative result, the health department cancels the quarantine request.

**Important:** Please note that you must **remain in quarantine** the entire time until you will be informed about test result.

**We urgently recommend** that you take a voluntary **PCR test before departure**, so that the (negative) result is available as soon as possible before your departure. You should be sure that you are not infected with SARS-CoV-2 before starting the trip in order to avoid complications.

### **What do I do if I have roommates or want to move into the student dormitory?**

In the apartment, those affected should stay as far away from the other roommates as possible and pay special attention to the hygiene regulations (even if they have no symptoms!)  
The quarantine only applies to students who have a quarantine requirement. Roommates in a shared apartment are exempt from this. However, if symptoms of the disease occur, the roommates must also expect to be quarantined. During the quarantine period, the person concerned may not receive any visitors.

It is currently not possible to spend the quarantine period in the student dormitory.

### **Will I get help organizing the quarantine?**

Ultimately, you are responsible for organizing the quarantine yourself. We will try our best to help you with this, even if you need temporary accommodation. It is important that you let us know in advance of your arrival if you need help with the quarantine:

Please report to the International Office of the Emden/Leer; University of Applied Sciences at the email address [international.office@hs-emden-leer.de](mailto:international.office@hs-emden-leer.de) stating your name, country of origin, travel date (when does the journey begin, when exactly and where is the arrival planned in Germany), means of transport and airport, course of study and your mobile phone number for contacting us. Please also inform us which accommodation you have rented and whether the landlords agree to the direct move-in or not.

Accommodation in a quarantine accommodation organized by the International Office is only possible if you can show a negative PCR test that was taken no earlier than 48 hours before arrival in Germany.

### **Further travel tips**

When traveling by train and on buses in Germany, please note the general obligation to wear mouth and nose covers at stations and on trains.

Please keep a distance of at least 1.50 m.

If you have a quarantine requirement, please go directly to your accommodation and do not go shopping first and please do not meet other people.

Please note that you have to pay for all costs such as corona tests (between 150 euros to 235 euros) as well as the costs of the quarantine and food yourself. Addresses where you can do the corona test after 5 days of quarantine, how much it costs and how this can be organized can be obtained from the International Office on request.

*All statements without guarantee.*