

Entry and quarantine regulations

Currently, the entry and quarantine regulations change very often. To make your journey to Emden or Leer easier, we provide the following information. It is important that you always follow the latest information yourself before you go abroad.

The following information was updated on **February 15th, 2021**.

When do I have to be in quarantine?

When entering Lower Saxony (or the Federal Republic), the applicable regulations of the "Lower Saxony Corona Ordinance" are decisive:

<https://www.niedersachsen.de/Coronavirus/vorschriften-der-landesregierung-185856.html>

- Lower Saxony Corona Ordinance
- Lower Saxony Quarantine Regulation

The **day of entry** is decisive for the assessment of the situation.

Double test requirement

When entering Germany from risk areas, the so-called **double test requirement** applies. This means that a qualified test (PCR, LAMP, TMA) is required upon entry here. However, it is not certain whether this is possible at your destination airport; you would have to find out about this yourself beforehand. **We therefore recommend - also with regard to any regulations of your German landlord - that you have yourself tested (in the country of origin) within 48 hours before arrival in Germany and that you enter Germany with a negative Corona test (in German or English).**

If you are entering from a virus variant area and a high incidence area, the test is mandatory before entry. You may also have to prove a negative test to the carrier (e.g. the airline). This proof that there is no infection with the coronavirus may also be required at the entry control.

Risk areas

You can find out which countries belong to the risk areas, e.g. on the webpage of the Robert Koch Institute:

http://www.rki.de/Dps://wE/Content/InfAZ/N/Neuartiges_Coronavirus/Risikogebiete_neu.html

Please note: The Federal Government is continuously examining the extent which areas classified as risk areas. This list can change every day. Before starting your journey, please check whether you have stayed in one of these areas within the last 10 days before entering Germany.

It is differentiated between:

- 1) Virus variant areas
- 2) High incidence areas
- 3) Normal risk areas

For 1) and 2), stricter testing and quarantine obligations are foreseen.

When do I have to be in quarantine?

The basis for defining a quarantine is the current infection rate in the country from which you are starting your trip, i.e. the previous location. Your nationality does not matter.

If you come from a **risk area**, you **must be quarantined** (see below).

What do I have to do if I am required to be quarantined?

Before you enter Germany from a risk area, you must **register electronically** via the internet portal www.einreiseanmeldung.de

Please also enter your country of origin in German language in the English version (e.g. India = Indien, Russian Federation = Russische Föderation...).

Please carry the proof that you have registered your entry via the internet portal with you when you travel.

With the entry registration, the responsible health department/local authorities receive the necessary information.

Even if symptoms of illness appear that indicate illness with the SARS-CoV-2 corona virus, you must inform the health department here (buergertelefon@emden.de) immediately.

The quarantine usually lasts **14 days**. You are also not allowed to leave the flat to go for a walk. You are also not allowed to receive visitors. The health supervisor will discuss everything else with you directly.

The International Office will be happy to help you with food supplies if necessary. We will also be happy to assist you in contacting the health department.

Can I shorten the quarantine period of 14 days?

This is only possible if you are traveling from a normal risk area (not possible if you are traveling from a high incidence or virus variant area)

After a minimum quarantine of 5 days, the health department can end your quarantine if you have a second, current negative corona test. You have the following options, for example, to take such a test in Emden (no earlier than 5 days after arrival):

You can try to make a fee-based PCR test at the Emden Health Department (if you live in Emden); however, this is only possible if appropriate test capacities are available.

Please do the following if you want to make this test:

- Send no later than the day after your arrival in Emden to imke.pantekoek@emden.de or lekon@emden.de an email in order to ask for an appointment within the following days for a test.
- This email has to contain your name, date of birth and place of birth.
- Take your passport/ID card with you on the date mentioned. Go straight to the health department (Ysaak-Brons-Str. 16) and bring a mouth and nose cover with you. Report to the main entrance (doorbell). Wait in front of the building.
- Please pay 150 euros in cash.
- The smear is taken in the test vehicle in front of the building.

- Please go straight back to your accommodation and wait for the result (sent by e-mail). In the event of a negative result, the health department cancels the quarantine request.

Important: Please note that you must **remain in quarantine** the entire time until you will get information about the test result.

What do I have to do if I have roommates or want to move into the student dormitory?

In the apartment, those affected should stay as far away from the other roommates as possible and pay special attention to the hygiene regulations (even if they have no symptoms!)

The quarantine only applies to students who have a quarantine requirement. Roommates in a shared apartment are exempt from this. However, if symptoms of the disease occur, the roommates must also expect to be quarantined. During the quarantine period, the person concerned may not receive any visitors.

Will I get help in organizing the quarantine?

Ultimately, you are responsible for organizing the quarantine yourself. We will try our best to help you with this, even if you need temporary accommodation. It is important that you let us know in advance of your arrival if you need help with the quarantine:

Please report to the International Office of the Emden/Leer; University of Applied Sciences at the email address international.office@hs-emden-leer.de stating your name, country of origin, travel date (when does the journey begin, when exactly and where is the arrival planned in Germany), means of transport and airport, course of study and your mobile phone number for contacting us. Please also inform us which accommodation you have rented and whether the landlords agree to the direct move-in or not.

Moving into your accommodation in case you have to stay quarantined (either in the student dormitory or in a quarantine accommodation organized by the International Office), is only possible if you can show a negative PCR test.

Further travel tips

Please note the general obligation in Germany to wear medical mouth and nose coverings at railway stations and on trains as well as on public transport (e.g. bus).

Please keep a distance of at least 1.50 m.

If you have a quarantine order, please go directly to your accommodation and do not go shopping or meet other people first.

Please note that you will have to pay for all costs incurred, such as corona tests (between 150 euros to 235 euros) as well as the costs of quarantine and food during this time.

All statements without guarantee.