



WELCOME

Dear student

Welcome to the University of Applied Sciences. Thank you for choosing the University of Applied Sciences in Emden. Your student life has just started and will continue to be an important stage in your life.

You have chosen a program at the Faculty of Technology within the Department of Mechanical Engineering. We hope you will take advantage of the opportunities available to you as a student at this university. We are eager to foster your own self-development as well as the international influence on our university.

This handbook provides you with information that you need to study successfully at the Faculty of Technology. It describes the organization and the facilities that are available to you, such as registration, study coaching and career orientation. You will also find information about your program of study and your most important rights and duties.

For further information please check our website for incoming students regularly. There you will find the most recent developments and answers to most of your questions. You may also join and consult our Technical Management Facebook page.

In any case the Technical Management Support Team is also enthusiastic about supporting your stay at the university.

We wish you a lot of success in your studies!

Yours sincerely,



Prof. Dr. rer. nat. Elmar WingsCoordinator Technical Management



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THE CITY: PAST AND PRESENT

The city of Emden is located in the region of East Frisia in the north west of Germany. The town was first mentioned in the 8th century as a small settlement of fishermen and farmers who built their houses on tiny dwelling mounds to protect their belongings from the rising sea level.

During the 16th century the city bloomed mainly due to the **increasing immigration** of the Dutch. Pursued by religious fanatism and war they were forced to flee the Dutch Republic and settle in the country of East Frisia. Here the locals benefited from the knowledge and skills of their former neighbors. Dutch refugees supported the establishment of dockyards and trade routes. Due to their trade connections the city started to became **richer and more powerful.** Eventually, the city grew into one of the main seaports of Europe even surpassing cities like London.

During the Second World War the city came under attack on the sixth of September 1944. A devastating air attack by the British destroyed **80**% of the city in one night. The port was nearly untouched while the public sphere was demolished completely. After World War II, the city was partly reconstructed to its former architecture.

Today the city has approximately **50.000 inhabitants.** With its local Volkswagen Plant Emden and various other companies in wind energy efficiency and solar technology, the city attracts professionals nationally and internationally.

As a holiday destination East Frisia is mainly known for its seven East Frisian Islands, **Borkum**, **Juist**, **Norderney**, **Baltrum**, **Langeoog**, **Spiekeroog and Wangerooge** along the North Sea.

Sightseeing hints

Art Gallery Emden

- Hinter dem Rahmen 1326725 Emden
- www.kunthalle-emden.de

Bunkermuseum Emden

- Holzsägerstraße26725 Emden
- www.bunkermuseum.de

East Frisian State Museum

- Brückstraße 126725 Emden
- www.landesmuseum.de

Dat Otto Huus

- Große Straße 126725 Emden
- www.ottifant.de

Feuerschiff Amrumbank

- Georg-Breusing-Promenade26721 Emden
- limit https://www.amrumbank.de/



Shopping in Emden

There are **supermarkets** located within the city center and surroundings: Lidl and Aldi (low budget), Netto and Plus (average), Combi and EDEKA (high budget)

Asian grocery store

Große Straße 22 Brückstraße 11 26725 Emden

Turkish specialities

Am Brauersgraben 1 26725 Emden

There are **3 malls** located within Emden where you can buy everything from clothes to groceries to electric articles.

West Center

♥ Ubierstraße 4b26725 Emden

Doc Center

Thüringer Str. 9 26725 Emden

Harsweg

Fritz Reuter Straße 26725 Emden

Flea markets (Flohmärkte) are bazaar-like markets where people sell secondhand articles. Check the newspaper for events.

Local markets offer regional products such as vegetables, fruits and household supplies:

Barenburg

Ludwig Uhland Straße 426725 Emden

© every Wednesday 8:00-13:00

Borssum

Wykhoffweg 726725 Emden

© every Thursday 8:00-13:00

Town Centre

Am Neuen Markt 26725 Emden

© every Tue., Fri. & Sat. 8:00–13:00

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Low budget and in need of clothes, furniture or cooking supplies?

Soziales Kaufhaus

Gotenstraße 226725 Emden

Lüttje Knippke

Brückstraße 26725 Emden

The best way to get around the city is by bike (*German*: Fahrrad). Destinations within the city are not far away from each other. We recommend our students to buy a bike upon arrival. There are several options for obtaining a bike.

The student union (ASTA) in Emden rents out bikes for a decent price, too. Contact: asta-vorsitz@hs-emden-leer.de

Alte Post Emden

Fahrradgeschäft Dinus Voß

P Bollwerkstraße 4426725 Emden

Newspaper advertisements: Emder Zeitung / OZ / Heimatblatt

look for Kleinanzeigen Fahrrad

Fahrradgeschäft Oltmanns

Große Straße 4726725 Emden

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average high (°C)	4.7°C	5.6°C	9.0°C	13.5℃	17.0°C	19.7℃	22.2℃	22.2℃	18.4°C	13.6°C	8.5℃	4.8°C
Average low (°C)	-3°C	-4°C	1.7 °C	3.6°C	7.2 °C	10.1 °C	12.7℃	12.7°C	10.0°C	6.4°C	3.3℃	0.1°C
Average rain- fall (mm)	66.8	47.6	60.9	39.9	55.8	79.1	80.3	71.3	81.5	75.6	74-3	67.9

The weather in Emden and its surroundings is very unpredictable. We "go with the seasons" so to speak, so please prepare yourself for all weather conditions!

Winter is mostly cold, rainy and snowy with approximately four hours of sunlight every day (if not cloudy).

Spring season starts around March, mostly with the beginning of the Easter holiday. Although spring sounds promising please do not be confused if you find yourself in a thunderstorm with a lot of rain and cold feet afterwards. That is quite common.

In the second quarter, days start to get longer and will reach their climax with the spring equinox – the 21st of June – with approximately ten hours of sunlight.

As the temperature climbs above 17 degrees summer starts officially. This can happen in April or later around May and June. July and August are mostly sunny with temperatures above 20.

Indian summer or autumn starts in September. Days get rapidly shorter and the weather begins to cool down. At this time of the year storms (German: Orkane) are very common, and can reach wind speeds of 100 km/h or above.

Clothing

There is an old saying that states: "There is no such thing as bad weather, there is only bad clothes."

We do not want to scare you off and please be not afraid concerning the weather after you read the previous paragraph. We just want you to be prepared. The weather is unpredictable and you should dress appropriately.

Therefore packing for Germany should definitely include a rain-coat and/or water proof cloth. Also you should take some warm cloth with you as winter can be quite frosty and damp. More than one pullover is definitely advisable. In addition, sturdy and water-proof footwear is advisable.



TRADITIONS AND PUBLIC HOLIDAYS

27th of February

The fifth season also called Carnival is not celebrated much in this area. However, if you feel like dressing up in a silly costume, being silly and enjoying the privilege of fools for one week you should consider a trip around Carnival to the mid-western part of Germany such as Cologne or the Rhine area.

Ascension Day

The 40th day after Easter represents the ascension of Jesus to his father in heaven. Ascension Day always falls on the Thursday nine days before Pentecost. In addition it is also Father's Day.

1st of May

Maypole and Labour Day

The 30th of April is usually celebrated by setting up the Maibaum (a tree trunk wrapped in fir sprigs and decorated with paper flowers). It is also the time for the traditional May dance (Tanz in den May). The celebration is supposed to symbolize and glorify the fertility of spring. In addition the first of May is international Labor Day, when German trade associations organize demonstrations and political gatherings in numerous cities across Germany.

Internationales Filmfest Emden/Norderney

The International Filmfest is an independent film festival primarily for European feature, documentary and short films. The Filmfest has acquired an excellent reputation, not least thanks to its warm, very personal atmosphere and familiarity between film-makers and its enthusiastic audiences. It was founded in 1990 and takes place every year in June.

Easter

Easter, including Good Friday, Easter Sunday and Easter Monday is one of the most important Christian festivals in Germany. It marks the crucifixion (Good Friday) and resurrection of Jesus Christ (Easter Sunday). Easter is celebrated on the first Sunday after the spring full moon.

Winter is leaving

The Saturday night after Good Friday is celebrated with bonfires. Usually in the suburban areas of the city, various associations organize an Osterfeuer (Eastern bonfire), symbolizing the belief of purification through fire. The fire is supposed to banish the winter and welcome spring.

Pentecost

The 50th day after Easter is reserved for Pentecost or Whitsunday/ Monday. It commemorates the descent of the Holy Ghost among the apostles of Jesus, which was the starting point of their missionary work. It might be considered as the foundation of the church.

Matjes Festival

The Matjes festival is a local fish festival at the end of May / beginning of June. Matjes is pickled herring, a popular dish. Many events taking place during that weekend. One of the biggest events is the annual Matjes Run. If you want to take part, the university has its own team that will participate.

3rd of October

Day of German Reunification

The 3rd of October marks the official day of reunification between East and West Germany, which is our Independence Day, so to speak.

However, in Germany celebrations are not ostentatious. There are no military parades, just festivals and political gatherings.

4 Sundays in December

Advent

Advent (Latin for arrival) is the four weeks leading up to Christmas. It refers to the period of preparation for the coming of Jesus on the first day of Christmas. Many families have an Advent wreath with four candles. A candle is lit on each of the four Sundays of Advent. During that time families prepare the house by baking cookies (Plätzchen) or putting up decorations around the house. An Advent calendar is often made for children. It provides 24 little windows with small presents or pictures behind them, for each day from the 1st until the 24th of December.

24th to 26th of December

Christmas

Christmas encompasses three days: Christmas Eve (24th), Christmas Day (25th) and Boxing Day (26th). On Christmas Eve the family sits and eats together, sometimes attending the church, before exchanging presents under the Christmas tree. Christmas carols are sung or played and a typical dinner would be potato salad with sausage (typically German).

11th of November

Martin's Day

Martins Day is the 11th of November and is another day related to Christianity. In the honor of St. Martin – a man who shared his belongings with the poor – children form a procession carrying lanterns through the streets moving from house to house, singing or reciting poetry and hoping for gifts and candy.

6th of December

St. Nickolas Day

The legend says that Saint Nicolas brought back to life three murdered school children and to honor this we celebrate the day of St Nicolas, the patron saint of children. The children leave a shoe outside the door on the eve of the 5th of December and the parents fill the shoes with little presents, sweets or with a Stutenkerl (similar to a gingerbread man). In addition, during the night of the 5th of December, pubs and bakeries organize a Knobel evening (tossing the dice). It is a traditional game where people gamble for treats.

31st of December

New Year's Eve

The beginning of a new year is celebrated on the night of December 31st to January 1st. There is a big New Year's Eve celebration and at midnight there are fireworks as a salute to the New Year. It is very common to prepare Fondue or Raclette to bridge the time until midnight.

GERMAN/FRISIAN CUISINE

Forget about Lederhosen (leather pants) and Weißbier (wheat beer)! You moved to the Northern part of Germany and we are different, especially when it comes to our daily nutrition.

As we live near the coast, our diet has always been complemented by fish: Fish and potatoes! Highly recommended are the Greetsieler Krabben (small crabs) that are caught in the North Sea or the typical Emder Matjes (a young herring).

The Daily Bread

Germans vow to their bread. You will find many bakeries in town and everywhere you go. Bread is basic for us and is served at breakfast, lunch and dinner. Try it out and find your favorites.

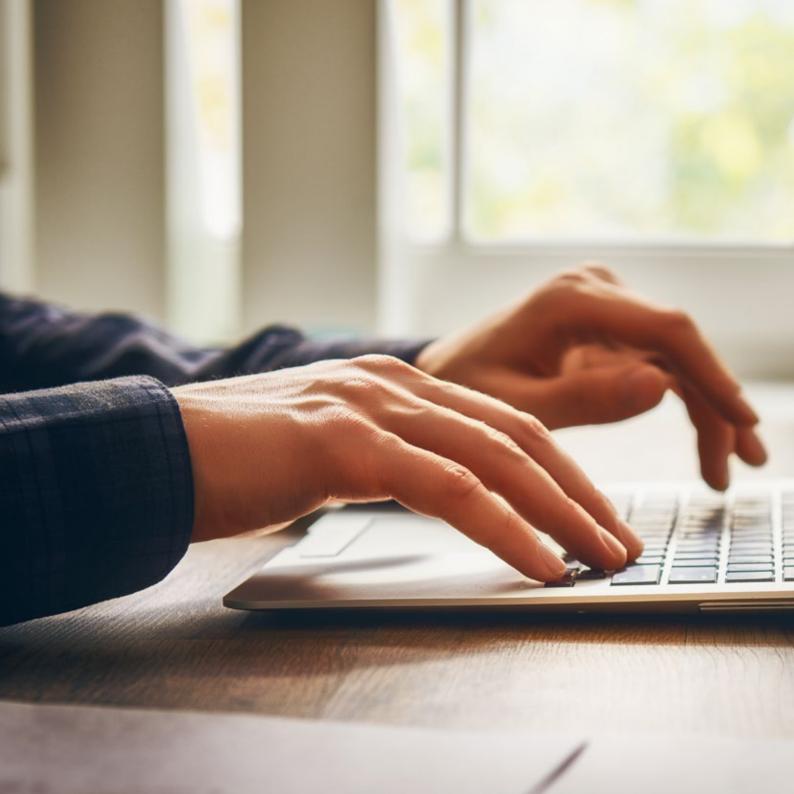
4 'o clock is Tea Time

With the arrival of the Dutch in Emden, trade with Asia and the East Indies boomed. Since then the Frisian people have imported and drunk tea. Today approximately **300 litres** are consumed by a Frisian each year, which makes us the world leading drinkers of tea. Drinking tea is a **social act with friends** and family and has its **own ceremony**. The tea is prepared in a teapot and served in little porcelain cups. Instead of sugar we use *Kandis* (little rocks made of crystallised sugar) and cream to substitute for milk. The preferred mix is **Assam tea**.

Seasonal Offerings

Local vegetables and fruits are mostly seasonal and you get the best overview of them when you visit the **local markets**.







ARRANGING YOUR STAY

As soon as you have received your acceptance letter you should start to arrange your stay.

First Things First: The Visa application

Unless you possess European citizenship, international students are required to apply for a **student visa** in order to study at a German university. Applications are to be submitted at the **German Embassy Office** in your country (Please visit the official website of the German Missions Office abroad to see which office is responsible for your application).

Visas for international prospective students are usually issued initially for 3 months. This time frame allows you to arrange your **arrival preparations** and enter Germany. Immediately after your arrival in Emden or Leer it is mandatory for you to extend your visa at the **local Immigration Office**.

During the orientation week the **Technical Management Coordination Office** offers collective appointments for international students to proceed with their visa extension.

After the first extension your visa is usually valid for **2 years**. Please note that the validity of your visa is tied to your studies at the UAS Emden/Leer. Therefore if you consider cancelling your studies at an early stage you are required to apply for a new visa, **tied to your purpose of stay** in Germany. Extending your student visa for your study purpose at the UAS Emden/Leer is possible but needs to be addressed to the **local Immigration Office** early enough.

Accommodation

For more information please visit the website.

🔇 studentenwerk-oldenburg.de/en/wohnen/emden

In addition there are several internet sites where rooms are displayed. Please have a look at the following links:

eBay small ads

http://bit.ly/2m4h1cJ

WG Gesucht

http://bit.ly/1KnvbwO

The following housing possibilities are offered by the Studentenwerk Oldenburg in cooperation with the UAS Emden/Leer.

Housing possibilities	Distance to UAS	Living type	Price
House Dukegat	o.5 km	Single apartment, partly furnished	230-250€
House Steinweg	1.7 km	Single or shared apartment, fully furnished	153−245€
House Douwesstraße	2.5 km	Shared apartment, not furnished	185–203€
House Gödens	2.8 km	Shared apartment, not furnished	178−330€

Health Insurance

International student studying in Germany are required to show proof of a proper health insurance.

If you do not have international health insurance that is valid in Germany, it is indispensable to become informed about options for applying for **governmental health insurance**. Please note that a governmental health insurance is valid only for those under 30 years old. Students who are over 30 are required to have private health insurance.

During the introduction week international students will receive more **information and assistance** with their health insurance. There will be the possibility to enrol at the Techniker Krankenkasse (not obligatory).

Bank Account

If you have already opened up a bank account please check whether you have to **verify it upon your arrival** in Germany.

Collective appointments: If you have not opened a bank account yet, we will organize collective appointments for our students at a German bank to provide the opportunity to do so. The appointment will be announced at the beginning of the semester.

Enrolment

With enrolment, international students are officially registered at the UAS Emden/Leer. All documents needed for your successful enrolment are listed in your letter of admission.

As soon as you have enrolled properly you will receive a campus card within the 1-2 days (depending on your current postal address).

The campus card offers following functions:

Student ID

Your student ID allows you to identify yourself as a student of the UAS Emden/Leer. You may use it to get **discounts** on admissions or to museums or other leisure activities.

Access to Computer System

Your campus card allows you to print your enrolment certification as well as your **transcript of records** in the university PC rooms.

Library Card

The library card enables you access to **university's entire book inventory.** You are able to borrow books with it.

Mensa/Cafeteria

With the campus card you can enjoy the university's cafeteria. In order to have a meal or a drink you need to top up your card with money. Designated machines are accessible at the cash register as well as in the library.

Semester Ticket

The semester ticket authorizes you to use **public transportation** (except IC/ICE) in almost all cities within the states of Lower Saxony and Bremen. Please note your semester ticket is only valid in connection with your ID or passport.

More information can be obtained from their official website: www.semesterticket-info.de





City Registration

Within the first week after your arrival you are required to **register** at your local citizens' office. In order to process the registration successfully you are asked to meet with your respective officer at the Immigration Office.

At the Immigration Office you will receive a **confirmation of stay** (not a residence permit) after showing your **letter of acceptance from the UAS Emden** as well as your **passport.**

Along with the confirmation of stay the following documents are required:

- Valid passport
- Residential address in Emden
- Wohnungsgeberbescheinigung
 At the following website (http://bit.ly/2lzbCgo)
 you can download a form that needs to be
 filled out by your landlord / lady. The housing
 office of the university provides this automatically.



Apply for a Residence Permit

International students from non-European countries need a residence permit for their studies in Germany. With respect to the new enrolment of the **electronic residence permit (eAT)**, we highly recommend that you prepare all required documents well before your appointment.

The following documents are required in order to file your residence permit successfully:

- Valid passport
- Passport picture (not older than 30 days in biometric)
- Enrolment certificate
- Proof of health insurance
- Proof of bank account (copy of account confirmation)

Approximately 4–6 weeks after your application for residence permit the Immigration Office will send you feedback with your current residence status.

Collective Appointments

We organize collective appointments at the Immigration Office which will be announced at the beginning of the semester.





UNIVERSITY OF APPLIED SCIENCES IN EMDEN/LEER

Our university consists of two location and four faculties. On our main campus in Emden, we teach and carry out research in the areas of technical science, social and health services and business. Leer is the campus for our maritime faculty.

Overall, 4,684 students, more than **100 teaching professors and 400 employees** contribute to the lively community of our university. In addition, every year we welcome around **120 international student**. Our aim is to take special care in accompanying them in their life abroad, as we are aware of the contributions they can make to our students and the faculties.

Our guiding principles can be summarized as follows:

- Our campus offers a short distance between students and lectures and thrives on its personal atmosphere;
- The university takes responsibility for sustainable development within our society;
- We aim at expanding international cooperation in teaching, lecturing and research activities. We want to set the stage for an international atmosphere and a variety of cultural activities on campus.

We strongly believe that our international guests will benefit from our **international**, **open-minded** and **personal** attitude, but also contribute to it in almost the same way. Be invited and welcomed to our campus and enjoy your stay in Emden.





CAMPUS LAYOUT

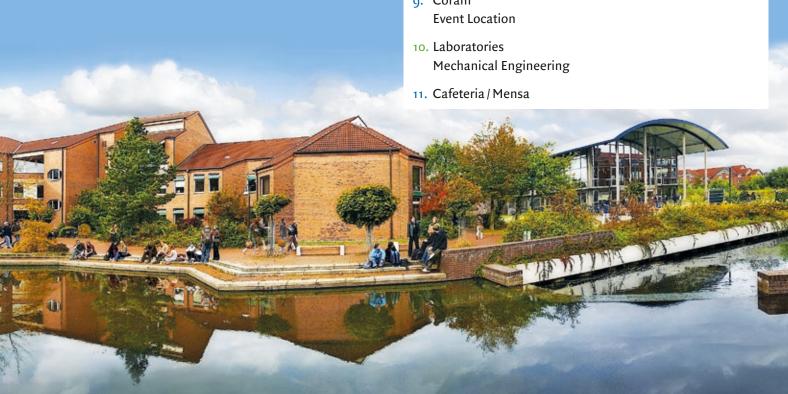
For your orientation you can find a general overview of the campus in Emden on the next page. The university page also provides a room navigator.

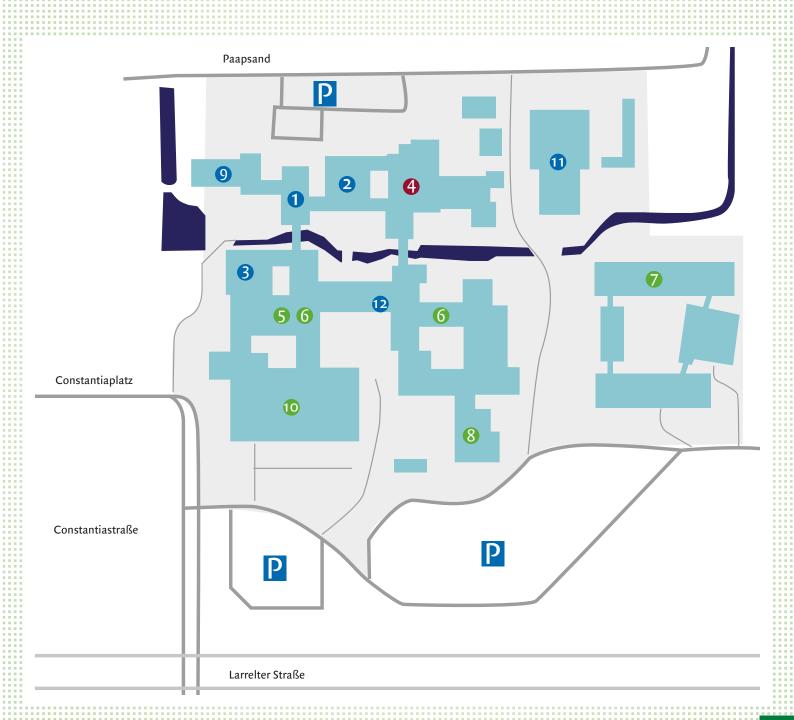
When you are looking for a room, just type the number of the room in the free field and the navigator will locate the room on the campus. Furthermore, via the service links you will be able to find employees, staff members or lectures by typing in their name, room number or other personal details.

www.hs-emden-leer.de/hochschule/raum-navigator



- 1. Administration
- 2. Library
- Lecture halls
- Faculties of Social Work and Health and Business Studies
- 5. Faculty of Technology Mechanical Engineering and Natural Sciences
- 6. Faculty of Technology Natural Science
- 7. Faculty of Technology Electrical Engineering and IT
- 8. Laboratories **Natural Sciences**
- g. Coram







Welcome to the Faculty of Technology at the University of Applied Sciences Emden/Leer!

With 2,000 students and more than 100 staff members is our Faculty the **largest at the university.** You may pursue a degree in any of 15 bachelor or 6 master programs. We offer programs in electrical engineering, computer science, life sciences, physics and mechanical and industrial engineering. We are eager to counsel you concerning the choices of your classes or subjects.

In addition we offer many student or research projects in which you can participate and be a part of our labs. I hope you take advantage of the variety of offers.

Have a good time in Emden. Enjoy your studies and your stay!

Technical Management Coordination Office

Our office will support you in all issues related to your studies. From your application to admission to graduation, we try to make your stay **as convenient as possible.**

Office hours (extra appointments upon requests):

Mon. – Fri.9:00 – 13:00

Room: T49

- +49 49 21 807-14 80
- tec-man.info@hs-emden-leer.de

Secretary of the Faculty of Engineering

The secretay is the responsible office for the administration of students at the faculty of technology.

Contact person is **Ina Janssen.**

Office hours:

© Mon.-Fri. 8:30-13:00

Room: T230

- **4**9 49 21 807-14 28
- sekretariat.mb.technik@hs-emden-leer.de

Student Service Centre (SSC)

The Student Service Centre provides assistance with study-related issues such as admission, enrolment and re-registration issues.

Office hours:

Mon. – Thu.9:00 – 16.00

- (Fri.
 - 9:00-12:00

Room: Cafeteria (ground floor)

- **49** 49 21 807-70 00
- ssc@hs-emden-leer.de

Admission and Examination Office

Staff members of the admission and examination office are responsible for the administration of applications, admission procedures and exam regulations.

Office hours:

- Mon.-Wed.
- U Tue. Thu.

14:00-15:30

10:30-12:00

Rooms: T103/T102/T108/T145

i-amt@hs-emden-leer.de

■ i-amt@hs-emde

International Office

The International Office is the central unit for international relations at the University of Applied Sciences Emden/Leer. If you intend to stay for one or two semesters as a **guest student** or as a **incoming degree seeking student** pursuing a **Bachelor or Master Degree**, we look forward to supporting you. The International Office works effectively **various faculties and staff members** to optimise your stay at the University.

Office hours (extra appointments upon requests):

○ Mon. – Fri.

9:00-12:00

Room: T101

international.office@hs-emden-leer.de



Buddy Program

This program aims to provide **support to new international students** before and during their studies at the university and to deepen the intercultural exchange on campus.

Participation in the Buddy Program is **free of charge!** Please get in contact with Marina Gastmann (marina.gastmann@hs-emden-leer.de) if you want to register.

Computer Centre

The computer centre (Hochschulrechenzentrum HRZ) provides hardware (i. e. personal computers, printer, etc.) software and services (WLAN, mail service etc.) on a large scale. Access to our services is gained by the **university login** which you will receive at our IT-office for students.

You will find the IT-office for students in room T110. They provide assistance in the use of the computers and software at the university. In addition they might also support you in case you have forgotten your password, or if you have any other problems in connection with printers, PC's and so on.

Online Service for students

On the official website you will find a collection of **helpful links** and instructions for students regarding your email, online query of exam results, your university campus card, data drives, password change, WLAN, etc. To get access to the full range of information, you must **sign in with your university login.**

(Login link on the top line of the website)
www.hs-emden-leer.de/einrichtungen/rechenzentrum



Print Account

You are granted a printing account of 1200 pages DIN A4 black/ white per term free of charge, maximum 20 pages per print job. The quota for other formats is recalculated. For example, one page DIN A4 color print corresponds to 4 pages A4 b/w, due to the significantly higher costs of toner. It is not possible to transfer to the following term or to increase it. For more information about print see our website or our notice boards. All printers in the computer center's PC pools are able to print double-sided. Please use this opportunity to protect our environment.

University Email account (firstname.surname@stud.hs-emden-leer.de)

For the duration of your studies we provide you with a **university email address.** This address is your central contact for all aspects of your studies. Please refrain from using your privat E-Mail. Any request sent from gmail or similar providers will not be answered. The link can be found on our website under "Servicelinks".

Office Hours

Lecture times

IT-Service Office

Mon.−Fri.8:00−15:15

PC-Pools Emden

Mon. – Fri.6:30 – 19:30

PC-Pools Leer

Mon. – Thu. / Fri.6:45 – 19:00 / 16:00

Lecture-free times IT-Service Office

Mon. – Fri.11:00 – 13:00

PC-Pools Emden

Mon.−Fri.6:30−17:30

PC-Pools Leer

Mon.-Thu./Fri.7:45-19:00/14:00

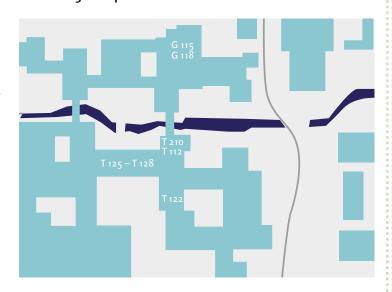
The opening hours may change due to current events. Please pay attention to the notice boards.

Student's Web Portal (sta-hisweb.hs-el.de)

On the student's web portal you will find all features for managing your **study-and exam-related data**. There you can register for exams or cancel them, get further information about your exam, print your transcript of records and certificate of study, view your fee account and correct your contact information. For access please use **your university login**.

PCs

The computer center (HRZ) is in charge of over 250 computers in 16 computer pools distributed over both locations Emden and Leer. During business hours you can use these PC, if no lecture is being given in the computer pool. The PC pool and room T125 are open for all to use.



T112: 13 PCs, 1 colour printer A3
T122: 23 PCs, 1 printer A4
T126: 16 PCs, 1 printer A4
T127: 19 PCs, 1 printer A4
T128: 21 PCs, 1 printer A4

T210: 26 PCs, 1 printer A4 **T9.7:** 18 PCs, 1 printer A4 **G115:** 13 PCs, 1 printer A4 **G118:** 21 PCs, 1 printer A4 **S208:** 21 PCs, 1 printer A4

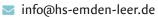
UNIVERSITY ORGANIZATIONS

ASTA - General Student Committee

The ASTA represents the student body of the UAS. It consists of elected students from various faculties. ASTA advocates for the interests of students at the university. In addition, they organize sporting events and parties during the whole year and they are always looking for new **enthusiastic members** to support their activities.

Room: T₇₅

+49 49 21 807-11 86





Sports

The university itself offers a wide range of opportunities to be active. You can participate in courses to learn how to sail or kitesurf. You can learn how to dance Rock 'n' Roll or Salsa or you can be part of a university team, racing in a solar boat competing against other universities. If you are interested please check current offers on their official website or their Facebook page.

In addition, there are several sports associations located in Emden. Depending on your preferences you may decide to join a club or a gym. For instance, a membership in the **ISV** (Integrative Sport Association) costs $8,00 \in a$ month. They offer courses such as aerobics or body pump sessions.

A membership at the gym cost around 35.50€ per month.



USEFUL CONTACTS AND LINKS

Tourist-Information Emden

Alter Markt 2a 26725 Emden

www.emden-tourisik.de

CineStar Emden

Abdenastraße 15 26725 Emden

www.cinestar.de/de/kino/ emden-cinestar

Deutsche Bahn

www.bahn.de/i/view/USA/ en/index.shtml

Bus Schedule for Emden

www.stadtwerke-emden.de/ verkehr/stadtverkehr/

In case of Emergency:

Emergency call police: 110
Emergency call ambulance: 112

Medical Services:

www.info-aerzte.de/arzt/ aerzte-emden-5142.html

Hans-Susemihl-Hospital

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